**We are with you 19.04.21**

Good Morning,

Please see below for our weekly recommendations of resources and tips to support parents, professionals and young people.

**YPAS – Online AA Meetings for Young People**

Anyone from any area can attend a Young Persons meeting no matter where in the world the meeting is taking place.

Young people can also use the meeting finder <https://ypaas.netlify.app/>

This will give the next available young person’s meeting automatically. They can select the United Kingdom on the boxes on the right if they just want a UK meeting too for example.

This short video promotes the meetings:<https://www.youtube.com/watch?v=7SfEQP6iOl8&t=10s>

 **Free recorded webinar for parents/carers**

The Department for Education has worked with the Department of Health and Social Care, Health Education England, Public Health England, NHS England and an expert advisory group to develop Wellbeing for Education Return.

As part of the programme this FREE webinar Helping Parents and Carers to Support Children's Emotional Wellbeing in Times of Uncertainty - led by Kelly Hannaghan, Mental Health and Wellbeing Consultant offers parents and carers a space to gain knowledge rich approaches and key skills to help you recognise and respond to your child's emotional health needs both within and beyond the pandemic.

<https://www.theeducationpeople.org/our-expertise/mental-health-wellbeing/webinars-training/support-for-parents-and-carers/>

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