**We are with you 08.03.21**

Please see below for our weekly recommendations of resources and tips to support parents, professionals and young people.

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**Child Exploitation and Criminality Resources**

Here you can access educational resources, information on different crime types in addition to other ways in which the Fearless organisation can be used to support professionals working with young people at risk.

<https://www.fearless.org/en/professionals>

**Mental Health Support Index**

The Children’s Societies resources are co-designed by young people and mental health professionals. This page usefully breaks down a range of mental health concerns that may impact young people, providing key information and resources for each.

<https://www.childrenssociety.org.uk/information/young-people/well-being/resources>

**ADHD Support during COVID-19**

The below link includes two video resources which focus on the following:

• Managing you and your child's mental health during self-isolation

• How to provide routines in a time without routines

By entering your email address you can register to receive a free full resource pack to support parents and children with ADHD during the pandemic.

<https://pages.witherslackgroup.co.uk/covid-19-support-pack>

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