

Long Term PE Plan B

	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
<p>Acorn Class</p> <p>The second PE lesson in reception will be covered throughout physical learning in and outside the classroom.</p>	<p><u>Me and Myself</u> (PEplanning.com – foundation)</p>	<p><u>Movement and Development</u> (PEplanning.com – foundation)</p>	<p><u>Working with others</u> (PEplanning.com – foundation)</p>	<p><u>Dance</u> (PEplanning.com – foundation)</p>	<p><u>Rounders and tennis.</u> Focus on racket and ball skills.</p> <p>Lesson 2 – Contemporary Dance – Georgina Clare</p>	<p><u>Ball Skills</u> (PEplanning.com – foundation)</p>
<p>Olive Class</p>	<p>Lesson 1 – Football (Peplanning.com) Year 2 (x12)</p> <p>Lesson 2 – <u>Basic Ball Skills</u> – Lesson 4 – 12 KS1 LCP PE Folder</p>	<p>Lesson 1 – Football Continued</p> <p>Lesson 2 – Cross Country</p>	<p>Lesson 1 - Hockey (Peplanning.com) Year 2 (x12)</p> <p>Lesson 2 – Gymnastics (Peplanning.com Year 2 6 lessons)</p>	<p>Lesson 1 - Hockey Continued</p> <p>Lesson 2 - Fitness</p>	<p>Lesson 1 - Orienteering (Peplanning.com) Year 1 (x7)</p> <p>Lesson 2 – Contemporary Dance – Georgina Clare</p>	<p>Lesson 1 – Rounders (Peplanning.com) Year 2 (x7)</p> <p>Lesson 2 - Fitness</p>

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<p>Willow Class</p>	<p>Lesson 1 - Football (Peplanning.com) Year 3 (x12)</p> <p>Lesson 2 – <u>Invasion Games</u> (2) LCP folder KS2 Year 3 Lesson 1 – 6</p>	<p>Lesson 1 - Football Continued</p> <p>Lesson 2 – Cross Country</p>	<p>Lesson 1 - Netball (Peplanning.com) Year 2 (x6)</p> <p>Lesson 2 – Hockey (Peplanning.com) Year 3 (x6)</p>	<p>Lesson 1 - Netball (Peplanning.com) Year 3 (x6)</p> <p>Lesson 2 - Fitness</p>	<p>Lesson 1 - Orienteering (Peplanning.com) Year 2 (x7)</p> <p>Lesson 2 - Contemporary Dance- Georgina Clare</p>	<p>Lesson 1 –Cricket (Peplanning.com) Year 3 (x7)</p> <p>Lesson 2 – Fitness</p>
<p>Maple Class</p>	<p>Lesson 1 - Tag Rugby (Peplanning.com) Year 4 (x6)</p> <p>Lesson 2 – <u>Skills Focus</u> – Dribbling, handling, catching, throwing, movement, teamwork. (Tops Cards)</p>	<p>Lesson 1 – Tag Rugby (Peplanning.com) Year 5 (x6)</p> <p>Lesson 2 – Cross Country</p>	<p>Lesson 1 - Hockey (Peplanning.com) Year 5 (x12)</p> <p>Lesson 2 – Gymnastics (Peplanning.com) Year 5 (x6)</p>	<p>Lesson 1 - Hockey Continued</p> <p>Lesson 2 –Take 10 / Upper KS2</p>	<p>Lesson 1 - Athletics (Peplanning.com) Year 5 (x12)</p> <p>Lesson 2 – Orienteering (Peplanning.com) Year 5 (x7)</p>	<p>Lesson 1 - Athletics Continued</p> <p>Lesson 2 – Contemporary Dance</p>
<p>Oak Class</p>	<p>Lesson 1 - Tag Rugby (Peplanning.com) Year 5 (x6)</p> <p>Lesson 2 - <u>Skills Focus</u> – Dribbling, handling,</p>	<p>Lesson 1 - Tag Rugby (Peplanning.com) Year 6 (x6)</p> <p>Lesson 2 – Cross Country</p>	<p>Lesson 1 - Netball (Peplanning.com) Year 5 (x6)</p> <p>Lesson 2 – Gymnastics</p>	<p>Lesson 1 - Netball (Peplanning.com) Year 6 (x6)</p> <p>Lesson 2 – Take 10/ Upper KS2</p>	<p>Lesson 1 - Cricket (Peplanning.com) Year 6 (x12)</p> <p>Lesson 2 – Orienteering</p>	<p>Lesson 1 – Cricket Continued</p> <p>Lesson 2 – Contemporary Dance</p>

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	catching, throwing, movement, teamwork. (Tops Cards)		(Peplanning.com) Year 6 (x6)		(Peplanning.com) Year 6 (x7)	
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