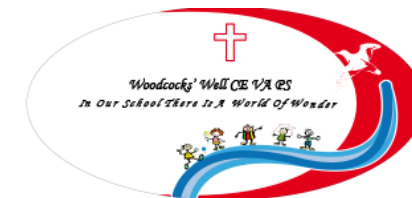


PSHE Long Term Plan

Woodcocks' Well CE VA Primary School



Term	<u>Autumn</u>		<u>Spring</u>	<u>Summer</u>		
Core theme	Health and Wellbeing <i>Resources taken from the PSHE Association planning toolkit</i>		Sex Education and Relationships <i>Resources taken from the Love and Sex Matters scheme of work</i>	Living in the Wider World <i>Resources taken from the PSHE Association planning toolkit</i>		
Unit	Health and Lifestyles	Keeping safe		Rights and responsibilities	Environment	Money
<u>Olive</u> <u>Year 1</u> <u>and 2</u>	Year 1 – What helps keep bodies healthy; hygiene routines <i>Year 1 Lessons: H1, H6/H7</i> Year 2 – Healthy choices; different feelings; managing feelings <i>Year 2 Lessons: H2, H4</i>	Year 1 – Keeping safe around household products; how to ask for help if worried about something <i>Year 1 Lessons: H11, H13/H14/H15</i> Year 2 – Keeping safe in different situations; how to ask for help if they are worried about something; privacy in different contexts <i>Year 2 Lessons: H12, H13/H14/H15, H16</i>	<i>KS1 Resource Book</i> Lesson 1 Loving me Lesson 2 Loving you Lesson 3 Our wonderful bodies	Year 1 – Group and class rules; everybody is unique in some ways and the same in others <i>Year 1 Lessons: L1/L2, L8, L9</i> Year 2 – Group and class rules; respecting their own and others' needs; groups and communities they belong to; people who work in the community; getting help in an emergency <i>Year 2 Lessons: L1/L2, L3, L4, L10</i>	Year 1 and 2 – Looking after the local environment <i>Year 1 and 2 Lessons: L5</i>	Year 1 – Where money comes from; how to use money – saving and spending money <i>Year 1 Lessons: L6/L7</i> Year 2 – Where money comes from; saving and spending money; making choices; keeping track of money spent/saved <i>Year 2 Lessons: L6/L7</i>

Willo Year 2 and 3	<u>Autumn</u>		<u>Spring</u>	<u>Summer</u>		
	<u>Health and Lifestyles</u> Year 2 – Healthy choices; different feelings; managing feelings <i>Year 2 Lessons: H2, H4</i> Year 3 – What makes a balanced diet; opportunities for making own choices with food; what influences their food choices; habits <i>Year 3 Lessons: H3, H16,</i>	<u>Keeping safe</u> Year 2 – Keeping safe in different situations; how to ask for help if they are worried about something; privacy in different contexts <i>Year 2 Lessons: H12, H13/H14/H15, H16</i> Year 3 – School rules on health and safety; basic emergency aid; people who help them stay healthy and safe <i>Year 3 Lessons: H15, H23</i>	<u>Sex Education and Relationships</u> <i>KS1 Resource Book</i> Lesson 4 How our bodies are different Lesson 5 My family – those who care for me Lesson 6 How we love and care for ourselves Lesson 7 How we love and care for our friends – saying sorry and starting again	<u>Rights and responsibilities</u> Year 2 – Group and class rules; respecting their own and others’ needs; groups and communities they belong to; people who work in the community; getting help in an emergency <i>Year 2 Lessons: L1/L2, L3, L4, L10</i> Year 3 – Discuss and debate health and wellbeing issues. Being part of the community and who works in the community <i>Year 3 Lessons: L1, L9/L10</i>	<u>Environment</u> Year 2 - Looking after the local environment Year 3 – Responsibilities; rights and duties <i>Year 3 Lessons: L7</i>	<u>Money</u> Year 2 – Where money comes from; saving and spending money; making choices; keeping track of money spent/saved Year 3 – Enterprise; what is means; developing skills in enterprise <i>Year 3 Lessons: L16</i>
Maple Year 4 and 5	<u>Autumn</u>		<u>Spring</u>	<u>Summer</u>		
	<u>Health and Lifestyles</u> Year 4 - What makes a balanced lifestyle and making choices; drugs common to everyday life; hygiene and germs <i>Year 4 Lessons: H1/H2, H17, H12</i>	<u>Keeping safe</u> Year 4 – How to keep safe in local area and online; people who help them stay healthy and safe <i>Year 4 Lessons: H21, H22/H25</i> Year 5 - Strategies for	<u>Sex Education and Relationships</u> <i>KS2 Resource Book</i> Lesson 1 Making me Lesson 2 My world, your world Lesson 3 Changing bodies Lesson 4 Firm	<u>Rights and responsibilities</u> Year 4 – Discuss and debate health and wellbeing issues. Appreciating difference and diversity in the UK	<u>Environment</u> Year 4 – Sustainability of the environment across the world <i>Year 4 Lessons: L15</i> Year 5 – Different rights;	<u>Money</u> Year 4 – Role of money; managing money (saving and budgeting); what is meant be interest and loan <i>Year 4 Lessons: L13, L14</i>

	Year 5 - What positively and negatively affects health and wellbeing; making informed choices; benefits of a balanced diet; different influences on food; skills to make choices <i>Year 5 Lessons: H1/H2, H3</i>	managing personal safety in the local environment; online safety; including sharing images; mobile phone safety <i>Year 5 Lessons: H21, H22/H25, H24</i>	foundations	and around the world. <i>Year 4 Lessons: L1, L11, L12</i> Year 5 – Discuss and debate health and wellbeing issues. Rules and laws; changing rules and laws; anti-social behaviour; respecting and resolving differences <i>Year 5 Lessons: L1, L2, L6, L8</i>	responsibilities and duties <i>Year 5 Lessons: L7</i>	Year 5 – Importance of finance in people’s lives; being a critical consumer; looking after money; interest; loan; debt management of money; tax <i>Year 5 Lessons: L13, L14</i>
Oak Year 5 and 6	<u>Autumn</u>		<u>Spring</u>		<u>Summer</u>	
	<u>Health and Lifestyles</u> Year 5 - What positively and negatively affects health and wellbeing; making informed choices; benefits of a balanced diet; different influences on food; skills to make choices <i>Year 5 Lessons: H1/H2, H3</i> Year 6 – Images in the media and reality; how this can affect how people feel; risks and effects of drugs	<u>Keeping safe</u> Year 5 - Strategies for managing personal safety in the local environment; online safety; including sharing images; mobile phone safety <i>Year 5 Lessons: H21, H22/H25, H24</i> Year 6 – Independence; increase responsibility; keeping safe; influences on behaviour; resisting pressures; rights to protect their body and	<u>Sex Education and Relationships</u> <i>KS2 Resource Book</i> Lesson 5 Marriage Lesson 6 Great expectations? Lesson 7 In need of restoration?	<u>Rights and responsibilities</u> Year 5 – Discuss and debate health and wellbeing issues. Rules and laws; changing rules and laws; anti-social behaviour; respecting and resolving differences <i>Year 5 Lessons: L1, L2, L6, L8</i> Year 6 – Discuss and debate health and wellbeing issues. Human	<u>Environment</u> Year 5 – Different rights; responsibilities and duties <i>Year 5 Lessons: L7</i> Year 6 - How resources are allocated; effect of this on individuals; communities and environment <i>Year 6 Lessons: L15</i>	<u>Money</u> Year 5 – Importance of finance in people’s lives; being a critical consumer; looking after money; interest; loan; debt management of money; tax <i>Year 5 Lessons: L13, L14</i> Year 6 – Enterprise; setting up an enterprise <i>Year 6 Lessons:</i>

	<p><i>Year 6 Lessons: H4, H17</i></p>	<p>speaking out (including against FGM); who is responsible for their health and safety; where to get help and advice</p> <p><i>Year 6 Lessons: H9/H10/H11, H13/H14, H20, H23,</i></p>		<p>rights; the rights of child; cultural practices and British law</p> <p>Being part of a community; groups that support communities. Being critical of what is in the media and what they forward to others</p> <p><i>Year 6 Lessons: L1, L3/L4, L5, L9/L10, L17/L18</i></p>		<p><i>L16</i></p>
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