

Woodcocks' Well C of E  
 Long Term PE Plan Year A (2017 – 2018)

	<b>Autumn Term 1</b>	<b>Autumn Term 2</b>	<b>Spring Term 1</b>	<b>Spring Term 2</b>	<b>Summer Term 1</b>	<b>Summer Term 2</b>
<p><b>Acorn Class</b></p> <p>The second PE lesson in reception will be covered throughout physical learning in and outside the classroom.</p>	<p><u>Me and Myself</u>            (PEplanning.com – foundation)</p>	<p><u>Movement and Development</u>            (PEplanning.com – foundation)</p>	<p><u>Working with others</u>            (PEplanning.com – foundation)</p>	<p><u>Dance</u>            (PEplanning.com – foundation)</p>	<p><u>Rounders and tennis.</u>            Focus on racket and ball skills.</p> <p><b>Lesson 2 –</b>            Contemporary Dance – Georgina Clare</p>	<p><u>Ball Skills</u>            (PEplanning.com – foundation)</p>
<p><b>Olive Class</b></p>	<p><b>Lesson 1 – Tag Rugby</b>            (PEplanning.com – foundation)            Year 1 (x6)</p> <p><b>Lesson 2 – <u>Basic Ball Skills</u></b> – Lesson 4 – 12            KS1 LCP PE Folder</p>	<p><b>Lesson 1 – Tag Rugby</b>            (PEplanning.com – foundation)            Year 2 (x6)</p> <p><b>Lesson 2 – Cross Country</b></p>	<p><b>Lesson 1 -</b>            Gymnastics            (PEplanning.com – foundation)            Year 2 (x12)</p> <p><b>Lesson 2 – Hockey</b>            (PEplanning.com – foundation)            Year 2 (x6)</p>	<p><b>Lesson 1 -</b>            Gymnastics            Continued</p> <p><b>Lesson 2 - Fitness</b></p>	<p><b>Lesson 1 -</b>            Rounders            (PEplanning.com – foundation)            Year 2 (x12)</p> <p><b>Lesson 2 –</b>            Contemporary Dance – Georgina Clare</p>	<p><b>Lesson 1 – Rounders</b>            Continued</p> <p><b>Lesson 2 - Fitness</b></p>

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<p><b>Willow Class</b></p>	<p><b>Lesson 1</b> - Tag Rugby (PEplanning.com – foundation) Year 2 (x6)</p> <p><b>Lesson 2</b> – <u>Invasion Games</u> (1) LCP folder KS2 Year 3 Lesson 1 – 6</p>	<p><b>Lesson 1</b> - Tag Rugby (PEplanning.com – foundation) Year 3 (x6)</p> <p><b>Lesson 2</b> – Cross Country</p>	<p><b>Lesson 1</b> - Gymnastics (PEplanning.com – foundation) Year 3 (x12)</p> <p><b>Lesson 2</b> – Basketball (PEplanning.com – foundation) Year 3 (x6)</p>	<p><b>Lesson 1</b> - Gymnastics Continued</p> <p><b>Lesson 2</b> - Fitness</p>	<p><b>Lesson 1</b> - Athletics (PEplanning.com – foundation) Year 3 (x12)</p> <p><b>Lesson 2</b> - Contemporary Dance – Georgina Clare</p>	<p><b>Lesson 1</b> – Athletics Continued</p> <p><b>Lesson 2</b> – Fitness</p>
<p><b>Maple Class</b></p>	<p><b>Lesson 1</b> - Football (PEplanning.com – foundation) Year 5 (x12)</p> <p><b>Lesson 2</b> – <u>Skills Focus</u> – Dribbling, handling, catching, throwing, movement, teamwork. (Tops Cards)</p>	<p><b>Lesson 1</b> - Football Continued</p> <p><b>Lesson 2</b> – Cross Country</p>	<p><b>Lesson 1</b> - Netball (PEplanning.com – foundation) Year 4 (x6)</p> <p><b>Lesson 2</b> – Gymnastics (PEplanning.com – foundation) Year 5 (x6)</p>	<p><b>Lesson 1</b> - Netball (PEplanning.com – foundation) Year 5 (x6)</p> <p><b>Lesson 2</b> – Fitness</p>	<p><b>Lesson 1</b> - Athletics (PEplanning.com – foundation) Year 5 (x12)</p> <p><b>Lesson 2</b> – Fitness</p>	<p><b>Lesson 1</b> - Athletics Continued</p> <p><b>Lesson 2</b> – Contemporary Dance – Georgina Clare</p>

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<p><b>Oak Class</b></p>	<p><b>Lesson 1 - Football</b>          (PEplanning.com – foundation)          Year 6 (x12)</p> <p><b>Lesson 2 - <u>Skills Focus</u> -</b>          Dribbling, handling, catching, throwing, movement, teamwork.          (Tops Cards)</p>	<p><b>Lesson 1 - Football</b>          Continued</p> <p><b>Lesson 2 - Fitness</b></p>	<p><b>Lesson 1 - Hockey</b>          (PEplanning.com – foundation)          Year 6 (x12)</p> <p><b>Lesson 2 –</b>          Gymnastics          (PEplanning.com – foundation)          Year 6 (x6)</p>	<p><b>Lesson 1 - Hockey</b>          Continued</p> <p><b>Lesson 2 – Fitness</b></p>	<p><b>Lesson 1 - Athletics</b>          (PEplanning.com – foundation)          Year 6 x12)</p> <p><b>Lesson 2 - Fitness</b></p>	<p><b>Lesson 1 - Athletics</b>          Continued</p> <p><b>Lesson 2 –</b>          Contemporary Dance –          Georgina Clare</p>
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