

Long Term PE Plan 2017 – 2018

	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
<p>Acorn Class</p> <p>The second PE lesson in reception will be covered throughout physical learning in and outside the classroom.</p>	<p><u>Me and Myself</u> (PEplanning.com – foundation)</p>	<p><u>Movement and Development</u> (PEplanning.com – foundation)</p>	<p>1:40pm – 2:20pm – Acorns PE (M4S) <u>Gymnastics</u> - (M4S)</p>	<p><u>Dance</u> (PEplanning.com – foundation)</p>	<p>1:40pm – 2:20pm – Acorns PE (M4S) <u>Rounders and tennis.</u> Focus on racket and ball skills.</p>	<p><u>Ball Skills</u> (PEplanning.com – foundation)</p>
<p>Olive Class</p>	<p>Lesson 1 – <u>Basic ball skills</u> – focus on throwing and catching. (Tops cards)</p> <p>Lesson 2 – <u>Tag Rugby</u> (PEplanning.com – year 1)</p>	<p>Lesson 1 – <u>Football</u> (PEplanning.com – year 1)</p> <p>Lesson 2 - <u>Invasion games-</u> Focus: Teamwork, spatial awareness, passing, basic ball skills, movement. (tops cards)</p>	<p>Lesson 1 - 2:20pm – 3:00– <u>Olives PE (M4S) Gymnastics</u></p> <p>Lesson 2 – <u>Hockey</u> (PEplanning.com – year 1)</p>	<p>Lesson 1 – <u>Bat and ball skills.</u> Focus – hand-eye coordination (Rounders - PEplanning.com – year 1)</p> <p>Lesson 2 – <u>Dance</u> Peplanning.com (year 1)</p>	<p>Lesson 1 - 2:20pm – 3:30pm – <u>Olives PE (M4S) Athletics</u></p> <p>Lesson 2 – <u>Orienteering</u> (PEplanning.com – year 2)</p>	<p>Lesson 1 – <u>Contemporary Dance</u> – Georgina Claire Focus – topic related</p> <p>Lesson 2 – <u>Cricket</u> (PEplanning.com – year 2)</p>

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<p>Willow Class</p>	<p>Lesson 1 – Tag Rugby (Peplanning.com – year 2)</p> <p>Lesson 2 – Basic ball skills – focus on throwing and catching. (Tops cards)</p>	<p>Lesson 1 – Invasion games Focus: Teamwork, spatial awareness, passing, basic ball skills, movement. (tops cards)</p> <p>Lesson 2 - Football (Peplanning.com – year 2)</p>	<p>Lesson 1 - 1:00pm – 1:40pm – Willow PE (M4S) Gymnastics</p> <p>Lesson 2 – Hockey (Peplanning.com – year 2)</p>	<p>Lesson 1 – Dance (PEplanning.com – year 2)</p> <p>Lesson 2 - Rounders Bat and ball skills. Focus – hand-eye coordination (PEplanning.com – year 2)</p>	<p>Lesson 1 - 1:00pm – 1:40pm – Willow PE (M4S) Athletics</p> <p>Lesson 2 - Orienteering (Peplanning.com – year 3)</p>	<p>Lesson 1 – Cricket (Peplanning.com – year 2)</p> <p>Lesson 2 - Contemporary Dance – Georgina Claire Focus – topic related</p> <p><u>Swimming</u> (selected children)</p>
<p>Maple Class</p>	<p>Lesson 1 – Skills focus – dribbling, handling, catching, throwing, movement, teamwork. (Tops Cards)</p> <p>Lesson 2 -2:00pm – 3:00pm – Oak Class PE (M4S) Tag Rugby</p>	<p>Lesson 1 – Street Dance ‘Club Can’t Handle Me’ (Peplanning.com – year 4)</p> <p>Lesson 2 – Gymnastics – (Peplanning.com – year 5)</p>	<p>Lesson 1 – Football (Peplanning.com – Year 5)</p> <p>Lesson 2 – Basketball (Peplanning.com – year 5)</p>	<p>Lesson 1 – Handball (PEplanning.com – year 5)</p> <p>Lesson 2 - Fitness</p>	<p>Lesson 1 – Contemporary Dance – Georgina Claire Focus – topic related</p> <p>Lesson 2 – Athletics (Peplanning.com – year 5)</p>	<p>Lesson 1 – Rounders (Peplanning.com – year 5)</p> <p>Lesson 2 – Athletics (Peplanning.com – year 5)</p> <p><u>Swimming</u> (selected children)</p>
<p>Oak Class</p>	<p>Lesson 1 - 1:00pm – 2:00pm – Oak Class PE (M4S) Tag Rugby</p> <p>Lesson 2 - Skills focus – dribbling, handling, catching, throwing,</p>	<p>Lesson 1 - Gymnastics – (Peplanning.com – year 6)</p> <p>Lesson 2 – Street Dance ‘Olympic Games’ (Peplanning.com – year</p>	<p>Lesson 1 – Basketball (Peplanning.com – year 5)</p> <p>Lesson 2 - Football (Peplanning.com – Year 6)</p>	<p>Lesson 1 – Fitness</p> <p>Lesson 2 - Handball (PEplanning.com – year 5)</p>	<p>Lesson 1 – Athletics (Peplanning.com – year 6)</p> <p>Lesson 2 - Contemporary Dance – Georgina</p>	<p>Lesson 1 – Athletics (Peplanning.com – year 6)</p> <p>Lesson 2 – Cricket (Peplanning.com – year6)</p>

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	movement, teamwork. (Tops Cards)	5)			Claire Focus – topic realted	<u>Swimming</u> (selected children)
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