**We are with you 30.03.21**

Good Morning

Please see below for our weekly recommendations of resources and tips to support parents, professionals and young people.

**Healthy Relationships Toolkit**

Women’s Aid have shared an update to their Expect Respect Health Relationships Toolkit. Designed for use with children aged 4 – 18 it can be used to support interventions on violence and gender based violence. Topics included within are: assumptions about gender, power and equality; digital footprints; understanding consent online and offline and resolving conflict.

<https://www.womensaid.org.uk/what-we-do/education-and-public-awareness/expect-respect/>

**Online Sexual Harm Reduction Guide**

This Online Sexual Harm Reduction Guide is aimed at professionals and includes information about: why young people don't always speak out and responding to online harm.

<https://www.mariecollinsfoundation.org.uk/assets/news_entry_featured_image/NWG-MCF-Professionals-Leaflet.pdf>

**Online Sexual Harm – Support for Parents**

The How Can I Help My Child? Guide includes information to support parents understand what online harm is, how to respond appropriately and accessing help and support.

<https://www.mariecollinsfoundation.org.uk/assets/news_entry_featured_image/NWG-MCF-Parents-Leaflet.pdf>

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